

□ = down √ = up

Sweep Picking Technique

Arpeggios

Sweep Picking is a fun technique that makes playing arpeggios on the guitar easy and efficient. In the exercise one there is a down stroke followed by three up strokes. These three up strokes are not to be played individually but as one sweeping motion. However, the goal is to make the sweep smooth with clear subdivisions in rhythm. The sweeping motion is very similar to the rest stroke technique. You will drag the pick across the strings from one string to the next.

Major □ √ √ √ □ □ □ √

T
A
B

Detailed description: A guitar staff with three strings (T, A, B) shown. The exercise consists of two measures. The first measure has a downstroke on the 12th fret of the T string, followed by three upstrokes on the 9th fret of the A and B strings. The second measure has three downstrokes on the 10th fret of the T, A, and B strings, followed by an upstroke on the 12th fret of the T string.

Minor □ √ √ √ □ □ □ √

T
A
B

Detailed description: A guitar staff with three strings (T, A, B) shown. The exercise consists of two measures. The first measure has a downstroke on the 12th fret of the T string, followed by three upstrokes on the 8th fret of the A and B strings. The second measure has three downstrokes on the 10th fret of the T, A, and B strings, followed by an upstroke on the 12th fret of the T string.

Diminished □ √ √ √ □ □ □ √

T
A
B

Detailed description: A guitar staff with three strings (T, A, B) shown. The exercise consists of two measures. The first measure has a downstroke on the 12th fret of the T string, followed by three upstrokes on the 11th fret of the A and B strings. The second measure has three downstrokes on the 12th fret of the T, A, and B strings, followed by an upstroke on the 12th fret of the T string.

Major Minor Diminished

□ √ □ √ √ √ □ √ □ √ √ √ □ √ □ √ √ √

T
A
B

Detailed description: A guitar staff with three strings (T, A, B) shown. The exercise consists of three measures. The first measure (Major) has a downstroke on the 12th fret of the T string, followed by upstrokes on the 10th fret of the A string and 12th fret of the B string, then a downstroke on the 9th fret of the T string. The second measure (Minor) has a downstroke on the 12th fret of the T string, followed by upstrokes on the 10th fret of the A string and 8th fret of the B string, then a downstroke on the 10th fret of the T string. The third measure (Diminished) has a downstroke on the 12th fret of the T string, followed by upstrokes on the 11th fret of the A string and 12th fret of the B string, then a downstroke on the 9th fret of the T string.

Major □ √ □ √ √ √ □ √ □ □ □ √

T
A
B

Detailed description: A guitar staff with three strings (T, A, B) shown. The exercise consists of two measures. The first measure has a downstroke on the 12th fret of the T string, followed by upstrokes on the 10th fret of the A string and 12th fret of the B string, then a downstroke on the 9th fret of the T string. The second measure has three downstrokes on the 11th fret of the T, A, and B strings, followed by an upstroke on the 12th fret of the T string.

Minor □ √ □ √ √ √ □ √ □ □ □ √

T
A
B

Detailed description: A guitar staff with three strings (T, A, B) shown. The exercise consists of two measures. The first measure has a downstroke on the 12th fret of the T string, followed by upstrokes on the 10th fret of the A string and 8th fret of the B string, then a downstroke on the 10th fret of the T string. The second measure has three downstrokes on the 10th fret of the T, A, and B strings, followed by an upstroke on the 12th fret of the T string.